

CLEAR YOUR space & CLEAR YOUR mind

Optimize your potential, calm your heart and create a personal oasis.



Clear the space underneath your bed. Energy needs to be able to flow freely and surround you.



Siblings Leslie and Mark Jacobson

chi and chi-chi

Feng Shui is the Chinese system of living in harmony with the natural elements and forces of Earth by optimizing your energy. If this energy (chi) is disrupted, it can cause a slew of problems—from disturbing your sleep to keeping you from realizing your potential. Siblings Leslie and Mark Jacobson of Feng Shui Consultants of Boca Raton suggest some key planning in the bedroom that can enhance your life and get you exactly what you want.

First of all, avoid having your body perpendicular to the bedroom door. In Feng Shui, this is called the “death position” because a thief can snatch you in the middle of the night and drag you by the feet out the door (although this sort of thing is rare in Boca Raton). Another arrangement to avoid is having your bed directly against the wall of a toilet or directly above or below one, which can cause health problems. Most important, though, is to figure out the purpose of your bedroom. If you want rest and romance, ditch the home office components.

LESLIE AND MARK JACOBSON, FENG SHUI CONSULTANTS OF BOCA RATON, 561/376-4730. GEOCITIES.COM/BOCAFENGSHUI

1 Swarovski hanging CRYSTALS in wealth and prosperity and romance; \$40 each, Bombay Company

2 Happy ho tai large BUD-DHA; \$50, Bombay Company

3 Herbal CANDLE; \$6.40, Bombay Company

4 Nicole Renaud, “Les Amants Solitaires” CD; \$15, cd-baby.com

5 KWAN YIN with Fu dog; \$25, Bombay Company

peace aids